

INTRODUCTION TO THE CYCLES APPROACH

1.0 HOUR



COURSE ABSTRACT

The cycles approach is a systematic intervention designed to help improve overall intelligibility among children with phonological deficits. However, there is often confusion about what a *cycle* actually consists of, how to select and prioritize speech targets, and how therapy sessions should be carried out. This presentation will provide an overview of and rationale for the cycles approach and demonstrate how to effectively organize therapy sessions. Strategies for choosing appropriate target phonemes and target words, as well as videos of actual therapy sessions demonstrating implementation, will be shown.

LEARNING OBJECTIVES

- Identify for whom the cycles approach may be appropriate
- Discuss how targets for the cycles approach are selected
- Describe the components of a cycles therapy session

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Amy Graham is a speech language pathologist and owner of Graham Speech Therapy, a private practice in Colorado Springs that specializes in pediatric speech sound disorders. She received both her bachelor's and master's degrees in Communicative Disorders from California State University, Fullerton and has been an SLP for over 20 years. Amy provides professional development on various evidence-based practices regarding the assessment and treatment of SSD and is the creator of numerous SSD-specific assessment and therapy resources. She has been a guest on numerous SLP podcasts and has a particular interest in supporting and equipping SLPs by posting frequent therapy videos and practical therapy tips on social media platforms.



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